



Liberty

With Ellie

Thank you So much for signing up to our Liberty Clinic. I can't wait to meet you or if you are returning, then thank you so much for coming back.

For our Liberty Clinics you will work in pairs or threes. Each group comes in and gets 30mins working directly with me in their own roundpen/fenced off area at one end of the arena. You will then get 30mins rest before coming back in to practise what you have been working on by yourself at the other end of the arena (this end will be split into two so you can both work at the same time).

We have found success in running clinics in this way. You get personal instructor time; plus time by yourself to have a play with what you're working on without the pressure of the instructor watching you. Horses and humans also then also get a brain break in between sessions and you get time to view other people. If you're new to liberty or a seasoned pro then we can meet you where you are at.

Ideally, we would like to get everyone working at liberty (no ropes) with their horses and will set up tape to ensure your horse is safe in their area and only interacting with you and not other horses. If you believe your horse will have a problem staying behind tape that will not be electric for the session then please highlight this to Ellie before your session commences. We will then do the same exercises but with a halter and lead to keep everyone safe.

What to Bring:

- Halter and lead
- 2 x Liberty Sticks (these could be carrot sticks, dressage whips or my favourite so far has been carriage driving whips. If you have already done a fair bit of Liberty and only use one stick/string, then this works too) I will be bringing some with me that people can also borrow and or purchase for \$40
- Treat pouch and Treats (this is by no means necessary however good to have as I will be walking you through the benefits. Ideally your 'treats' would be in pellet form or cut up pieces of carrot (cut prior). The pouch can be a bum bag or even large pockets – I will have some available for purchase for \$40 each.)

Day One

9-12noon- No horses, group theory session,
Simulations and Demos

LUNCH

1-1.30pm - Group 1
1.30-2pm - Group 2:
2- 2.30pm- Group 3 : Group 1
2.30-3pm - Group 4: Group 2
3-3.30pm - Group 1: Group 3
3.30-4pm - Group 2: Group 4
4-4.30pm - Group 3:
4.30-5pm - Group 4:

Day Two

8-8.30am - Everyone theory chat/
Questions etc
8.30- 9am Group 1: Group 3
9- 9.30am Group 2: Group 4
9.30-10am Group 3: Group 1
10-10.30am - Group 4: Group 2
10.30-11am - Group 1: Group 3
11-30- 12noon - Group 2: Group 4
12 - 12.30pm - Group 3: Group 1
12.30-1pm = Group 4: Group 2
LUNCH
1.30pm - 3.30pm - all groups in arena together
6min Challenges
4pm finish

Please make sure you arrive with plenty of time to sort your horse and yourself so we can start on time. Its advisable to bring a notebook and pen, an open mind and willing attitude.